

Rachel Garg, PhD, MPH
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EDUCATION

PhD	Public Health Sciences, Brown School, Washington University in St. Louis, St. Louis, MO, August 2023
MPH	Epidemiology/Biostatistics, Brown School, Washington University in St. Louis, St. Louis, MO, May 2018
BA	Health Communication, University of Oklahoma, Norman, OK, May 2015

ACADEMIC APPOINTMENTS

2025-present	Assistant Professor, School of Public Health, Washington University in St. Louis
2024-present	Faculty Scholar, Institute for Public Health Faculty Scholar, Center for the Environment Member, Institute of Clinical and Translational Sciences Member, Center for Diabetes Translation Research
2023-2025	Assistant Professor on the Research Track, Brown School, Washington University in St. Louis

HONORS AND AWARDS

2018	Inducted into Delta Omega Honorary Public Health Society, Gamma Sigma chapter, Brown School, Washington University in St. Louis
2016-2018	Master's Research Fellowship, Health Communication Research Laboratory, Brown School, Washington University in St. Louis
2016-2018	Scholarship in Health Communication, full tuition scholarship, Brown School, Washington University in St. Louis
2015	Graduated <i>cum laude</i> , University of Oklahoma
2011-2015	National Merit Scholar, University of Oklahoma

RESEACH FUNDING

Active projects

<i>Trusted Tap – Equitable monitoring of drinking water quality at the household-level using point-of-use filters</i> (PI: Giammar; Co-PIs: Garg , Parker, Scott, Wilson) Funder: National Science Foundation Project period: 05/2025-04/2028 My role: Co-Principal Investigator	Total costs: \$5,000,000
<i>Community Engagement Alliance Regional Teams</i> (MPIs: Kreuter, Garg , Knoll) Funder: NIH/DHHS (OTA-20-011E) Project period: 04/2024-03/2027 My role: Multiple Principal Investigator	Total costs: \$5,599,992
<i>NIH Community Engagement Alliance (CEAL) Health Knowledge Monitoring and Response System (HKMRS) Coordinating Center</i> (PI: Kreuter) Funder: NIH (6922-11-HKMRS-CDC-S003) Project period: 09/2024-08/2025 My role: Evaluation lead	Total costs: \$574,000
<i>Expanding population-level interventions to help more low-income smokers quit</i> (MPIs: Kreuter & McQueen) Funder: NIH (1R01CA235773) Project period: 07/23/2019- 06/2025 My role: Statistical analyst	Total costs: \$3,920,131

Completed projects

<i>National 211 helpline data trends</i> (PI: Garg) Funder: United Way Worldwide Project period: 05/2024-11/2024 My role: Principal Investigator	Total costs: \$27,467
<i>Caregiver Outreach Program Evaluation</i> (PI: Garg) Funder: AARP & United Way Worldwide Project period: 04/2023-04/2024 My role: Principal Investigator	Total costs: \$95,000
<i>Community Engagement Alliance (CEAL) Against COVID-19 Disparities – Years 1-3</i> (PI: Kreuter) Funder: NIH/DHHS (OTA-20-011E) Project period: 03/2021-03/2024	Total costs: \$4,104,499

My role: Project lead, evaluation lead, contributor to writing application

NIH Community Engagement Alliance (CEAL) Health Knowledge Monitoring and Response System (HKMRS) Coordinating Center – Phase 1 and extension (PI: Kreuter) Total costs: \$724,483
Funder: NIH (6922-11-HKMRS-CDC-S003)
Project period: 04/2023-09/2024
My role: Evaluation lead

Rapid Assessment Diagnostics for Underserved Populations (RADx-UP) (PI: Kreuter) Total costs: \$1,350,711
Funder: NIH
Project period: 11/2020-04/2023
My role: Statistical analyst, contributor to writing application

RADx-UP Rent relief and COVID-19 (PI: Kreuter) Total costs: \$313,485
Funder: NIH
Project period: 11/2020-6/2022.
My role: Statistical analyst, contributor to writing application

Coronavirus and the Social and Behavioral Sciences (Life During COVID) (PI: Kreuter) Total costs: \$314,820
Funder: NIH/NCI (1R01CA201429-05S2)
Project period: 10/2020-9/2022
My role: Statistical analyst

Data-driven Rapid Response to COVID-19 (PI: Kreuter) Total costs: \$25,047
Funder: WashU IPH
Project period: 06/2020-05/2021.
My role: Statistical analyst, contributor to writing application

Pilot Study of the Association Between Local Community Needs and Capacity and Preventable Acute Care Events (co-PIs: Joynt Maddox, Steensma) Total costs: \$15,000
Funder: WashU IPH (Public Health-Cubed Cycle 3.0)
Project period: 01/2019-08/2020
My role: Statistical analyst

Helping the Poor Quit Smoking: Specialized Quitlines and Meeting Basic Needs (PI: Kreuter) Total costs: \$2,762,037
Funder: NIH/NCI (1R01CA201429)
Project period: 07/2016-06/2021
My role: Statistical analyst

PUBLICATIONS

2025

1. Kreuter MW, **Garg R**, Marsh A, Olagoke A, Weng O, De La Vega V, Dunn C, Johnson K. Wastewater monitoring: Improving public awareness and understanding. *Public Health Reports*. In press.

2024

1. McQueen A, Wolff JM, Grimes L, Teshome E, **Garg R**, Thompson T, Carpenter KM, Kegler M, Kreuter MW. Comparing acceptance of smoking cessation and smoke-free home intervention offers and associated factors among people with low income in the USA: baseline results of a randomised controlled trial. *BMJ Public Health*. 2024;2(1). <https://doi.org/10.1136/bmjph-2023-000843>
2. Von Nordheim D, Herrick C, Verdecias N, **Garg R**, Kreuter M, McQueen A. Correlates of self-reported executive function impairment among Medicaid beneficiaries with type 2 diabetes. *Diabetes Spectrum*. 2024. ds230067. <https://doi.org/10.2337/ds23-0067>

2023

3. Kreuter MW, **Garg R**, Fu QJ, Caburnay C, Thompson T, Roberts C, Sandheinrich D, Javed I, Wolff JM, Butler T, Grimes LM, Carpenter KM, Pokojski, R, Engelbrecht K, Howard V, McQueen A. Helping low-income smokers quit: RCT findings comparing specialized quitline services with and without social needs navigation. *The Lancet Regional Health - Americas*. 2023;23:100529. <https://doi.org/10.1016/j.lana.2023.100529>
4. Grimes LM, **Garg R**, Weng O, Wolff JM, McQueen A, Carpenter KM, Kreuter MW. Appeal of tobacco quitline services among low-income smokers. *Preventing Chronic Disease*. 2023;20. <http://dx.doi.org/10.5888/pcd20.220214>
5. Wolff JM, McQueen AM, **Garg R**, Thompson T, Fu J, Brown D, Kegler M, Carpenter KM, Kreuter MW. Expanding population-level interventions to help more low-income smokers quit: Study protocol for a randomized controlled trial. *Contemporary Clinical Trials*. 2023;129:107202. <https://doi.org/10.1016/j.cct.2023.107202>
6. McQueen A, Wartts JG, **Garg R**, Carpenter K, Kreuter MW. Leveling the playing field: Impact of mailing pharmacotherapy to Medicaid smokers. *American Journal of Preventive Medicine*. 2023;64(2): 227-234. <https://doi.org/10.1016/j.amepre.2022.09.008>

2022

7. **Garg R**, Croston MA, Thompson T, McQueen A, Kreuter MW. Correlates of smoking discarded cigarettes in a sample of low-income smokers. *Addictive Behaviors*. 2022;128:107237 <https://doi.org/10.1016/j.addbeh.2022.107237>
8. **Garg R**, Muhammad SN, Cabassa LJ, McQueen A, Verdecias N, Greer R, Kreuter MW. Transportation and other social needs as markers of mental health conditions. *Journal of Transport & Health*. 2022;101357. <https://doi.org/10.1016/j.jth.2022.101357>
9. **Garg R**, McQueen A, Wolff J, Skinner KE, Kegler MC, Kreuter MW. Low housing quality, unmet social needs, stress and depression among low-income smokers. *Preventive Medicine Reports*. 2022;101767. <https://doi.org/10.1016/j.pmedr.2022.101767>
10. Kreuter MW, **Garg R**, Marsh A, Thompson T, Caburnay C, Teshome E, Kulkarni S, Tanpattana T, Wolff J, McQueen A. Intention to vaccinate children under 5 for COVID-19: A segmentation analysis among Medicaid parents in Florida. *Preventive Medicine*. 2022;106959 <https://doi.org/10.1016/j.ypmed.2022.106959>
11. Thompson T, Evbuoma-Fike EI, **Garg R**, McQueen A, Caburnay C, Kreuter MW. Psychosocial correlates of a home smoking ban among low-income smokers: Examination of social support, unmet social needs, perceived stress, and depressive symptoms. *Journal of Community Health*. 2022, <https://doi.org/10.1007/s10900-022-01094-4>

2021

12. **Garg R**, Steensma JT, Luke AA, Huang K, Golla B, Greer R, Joynt Maddox KE. Helpline calls associated with preventable emergency department utilization. *American Journal of Preventive Medicine*. 2021;61(5), 729-732 <https://doi.org/10.1016/j.amepre.2021.04.022>
13. **Garg R**, McQueen A, Evbuoma-Fike EI, Kreuter MW. Re-examining phone counseling for smoking cessation: Does the evidence apply to low-SES smokers? *Patient Education and Counseling*. 2021;105(7);1783-1792 <https://doi.org/10.1016/j.pec.2021.11.008>
14. **Garg R**, McQueen A, Roberts C, Butler T, Grimes LM, Thompson T, Caburnay C, Wolff J, Javed I, Carpenter KM, Wartts JG, Charles C, Howard V, Kreuter MW. Stress, depression, sleep problems and unmet social needs: Baseline characteristics of low-income smokers in a randomized cessation trial. *Contemporary Clinical Trials Communications*. 2021;24:100857 <https://doi.org/10.1016/j.conctc.2021.100857>
15. **Garg R**, McQueen A, Wolff J, Butler T, Thompson T, Caburnay C, Kreuter MW. Comparing two approaches to remote biochemical verification of self-reported cessation in very low-income smokers. *Addictive Behaviors Reports*. 2021;12:100343 <https://doi.org/10.1016/j.abrep.2021.100343>

16. Kreuter MW, **Garg R**, Li L, McNulty L, Thompson T, McQueen A, Luke AA. How do social needs cluster among low-income individuals? *Population Health Management*. 2021;24(3):322-332 <https://doi.org/10.1089/pop.2020.0107>
17. Verdecias N, **Garg R**, Steensma J, McQueen A, Greer R, Kreuter MW. Expressed and unexpressed social needs in low-income adults in the US. *Health & Social Care in the Community*. 2021;29(5):e184-e189 <https://doi.org/10.1111/hsc.13265>
18. Kreuter MW, Thompson T, McQueen A, **Garg R**. Addressing social needs in health care settings: Evidence, challenges, and opportunities for public health. *Annual Review of Public Health*. 2021;42:329-344 <https://doi.org/10.1146/annurev-publhealth-090419-102204>

2020

19. Kreuter MW, **Garg R**, Thompson T, McQueen A, Javed I, Golla B, Caburnay C, Greer R. Assessing the capacity of local social service agencies to respond to referrals from health care providers. *Health Affairs* 2020;39(4):679-688 <https://doi.org/10.1377/hlthaff.2019.01256>
20. Kreuter M, **Garg R**, Javed J, Golla B, Wolff J, Charles C. 3.5 Million social needs requests during COVID-19: What can we learn from 2-1-1? *Health Affairs Blog*. 2020. <https://doi.org/10.1377/hblog20200729.432088>
21. McQueen A, Imming M, Thompson T, **Garg R**, Poor T, Kreuter MW. Client perspective on health coaching: Insight for improved program design. *American Journal of Health Behavior* 2020;44(5):591-602 <https://doi.org/10.5993/AJHB.44.5.4>

2019

22. McQueen A, Roberts C, **Garg R**, Caburnay C, Fu Q, Gordon J, Bush T, Pokojski R, Thompson T, Kreuter M. Specialized tobacco quitline and basic needs navigation interventions to increase cessation among low income smokers: Study protocol for a randomized controlled trial. *Contemporary Clinical Trials* 2019;80:40-47. Doi: <https://doi.org/10.1016/j.cct.2019.03.009>

OTHER SCIENTIFIC PRODUCTS

Data reports on the social and economic impact of COVID-19

1. **Garg R**, Golla B, Javed I, Wolff J, Kreuter M. High-Poverty ZIP codes hurting most for food, rent during COVID-19. *Focus-19*. April 12, 2020. Available at:

<https://hcrl.wustl.edu/high-poverty-zip-codes-hurting-most-for-food-rent-during-covid-19/>

2. **Garg R**, Golla B, Javed I, Kreuter M. A different kind of first responder. *Focus-19*. April 13, 2020. Available at: <https://hcrl.wustl.edu/a-different-kind-of-first-responder/>
3. **Garg R**, Golla B, Javed I, Wolff J, Kreuter M. UPDATE: High-poverty ZIP codes and COVID social needs in 31 states. *Focus-19*. April 14, 2020. Available at: <https://hcrl.wustl.edu/update-high-poverty-zip-codes-and-covid-social-needs-in-31-states/>
4. **Garg R**, Golla B, Javed I, Kreuter M. 10 Hot Spots for Social Impact of COVID-19. *Focus-19*. April 15, 2020. Available at: <https://hcrl.wustl.edu/10-hot-spots-for-social-impact-of-covid-19/>
5. **Garg R**, Golla B, Kreuter M. One month ago: Biggest day in 2-1-1 history? *Focus-19*. April 18, 2020. Available at: <https://hcrl.wustl.edu/one-month-ago-biggest-day-in-2-1-1-history/>
6. **Garg R**, Golla B, Kreuter M. Housing requests growing faster in low-poverty ZIP codes. *Focus-19*. April 20, 2020. Available at: <https://hcrl.wustl.edu/housing-requests-growing-faster-in-low-poverty-zip-codes/>
7. **Garg R**, Golla B, Kreuter M. Outbreaks linked to meat packing plants. *Focus-19*. April 21, 2020. Available at: <https://hcrl.wustl.edu/outbreaks-linked-to-meat-packing-plants/>
8. **Garg R**, Golla B, Kreuter M. Do men and women call 2-1-1 for different reasons? *Focus-19*. April 22, 2020. Available at: <https://hcrl.wustl.edu/do-men-and-women-call-2-1-1-for-different-reasons/>
9. **Garg R**, Golla B, Kreuter M. Who calls 2-1-1 about COVID? It depends on poverty. *Focus-19*. April 23, 2020. Available at: <https://hcrl.wustl.edu/who-calls-211-about-covid-it-depends-on-poverty/>
10. **Garg R**, Golla B, Javed I, Kreuter M. 2-1-1 requests top 1 million since COVID-19. *Focus-19*. April 24, 2020. Available at: <https://hcrl.wustl.edu/2-1-1-requests-top-1-million-since-covid-19/>
11. **Garg R**, Golla B, Javed I, Kreuter M. Milestone: 200,000 housing requests since COVID. *Focus-19*. April 27, 2020. Available at: <https://hcrl.wustl.edu/2314-2/>
12. Charles C, **Garg R**, Golla B, Javed I, Teshome E, Wolff J, Xiong BN, Kreuter M. 2-1-1 getting noticed for COVID work. *Focus-19*. April 28, 2020. Available at: <https://hcrl.wustl.edu/2-1-1s-getting-noticed-for-covid-work/>

13. **Garg R**, Golla B, Javed I, Kreuter M. Rent requests higher in states with few protection for renters. *Focus-19*. April 30, 2020. Available at: <https://hcrl.wustl.edu/rent-requests-higher-in-states-with-few-protections-for-renters/>
14. **Garg R**, Golla B, Javed I, Kreuter M. Milestone: 250,000 housing requests. *Focus-19*. May 8, 2020. Available at: <https://hcrl.wustl.edu/milestone-250000-housing-requests/>
15. **Garg R**, Golla B, Javed I, Kreuter M. Meat packing update: Iowa needs surge again. *Focus-19*. May 9, 2020. Available at: <https://hcrl.wustl.edu/meat-packing-update-iowa-needs-surge-again/>
16. **Garg R**, Golla B, Javed I, Kreuter M. Older and hungry: Food calls from seniors way up. *Focus-19*. May 12, 2020. Available at: <https://hcrl.wustl.edu/older-and-hungry-food-calls-from-seniors-way-up/>
17. **Garg R**, Golla B, Javed I, Kreuter M. 2-1-1 requests rising in NC meat packing countries. *Focus-19*. May 13, 2020. Available at: <https://hcrl.wustl.edu/2-1-1-requests-rising-in-nc-meat-packing-counties/>
18. **Garg R**, Golla B, Javed I, Kreuter M. Help paying for burial: requests rise in states with high COVID deaths. *Focus-19*. May 14, 2020. Available at: <https://hcrl.wustl.edu/help-paying-for-burial-requests-rise-in-states-with-high-covid-deaths/>
19. **Garg R**, Golla B, Javed I, Kreuter M. A roller coaster of social needs in Nebraska. *Focus-19*. May 15, 2020. Available at: <https://hcrl.wustl.edu/a-roller-coaster-of-social-needs-in-nebraska/>
20. **Garg R**, Golla B, Javed I, Kreuter M. Food needs soar, Monroe County (NY). *Focus-19*. May 18, 2020. Available at: <https://hcrl.wustl.edu/food-needs-soar-monroe-county-ny-responds/>
21. **Garg R**, Golla B, Javed I, Kreuter M. 1.65 million requests. *Focus-19*. May 19, 2020. Available at: <https://hcrl.wustl.edu/1-65-million-requests/>
22. **Garg R**, Golla B, Javed I, Kreuter M. Low-poverty ZIP codes need food help, too. *Focus-19*. May 20, 2020. Available at: <https://hcrl.wustl.edu/low-poverty-zip-codes-need-food-help-too/>
23. **Garg R**, Golla B, Javed I, Kreuter M. Childcare need rise as states reopen. *Focus-19*. May 27, 2020. Available at: <https://hcrl.wustl.edu/childcare-needs-rise-as-states-reopen/>
24. **Garg R**, Golla B, Javed I, Kreuter M. Rent needs higher since COVID in cities with more service workers. *Focus-19*. May 29, 2020. Available at: <https://hcrl.wustl.edu/rent-needs-higher-since-covid-in-cities-with-more-service-workers/>

25. **Garg R**, Golla B, Javed I, Kreuter M. Where unemployment is up, rent needs higher in Missouri. *Focus-19*. June 2, 2020. Available at: <https://hcrl.wustl.edu/where-unemployment-is-up-rent-needs-higher-in-missouri/>
26. **Garg R**, Golla B, Javed I, Kreuter M. Tourist towns hurt by COVID. *Focus-19*. June 3, 2020. Available at: <https://hcrl.wustl.edu/tourist-towns-hurt-by-covid/>
27. **Garg R**, Golla B, Javed I, Kreuter M. Shifting needs: mental health, housing, utility requests up. *Focus-19*. June 4, 2020. Available at: <https://hcrl.wustl.edu/shifting-needs-mental-health-housing-utility-requests-up/>
28. **Garg R**, Golla B, Javed I, Kreuter M. COVID trends for top 3 housing needs. *Focus-19*. June 5, 2020. Available at: <https://hcrl.wustl.edu/covid-trends-for-top-3-housing-needs/>
29. **Garg R**, Golla B, Javed I, Kreuter M. Food needs in low-poverty ZIPs trending up? *Focus-19*. June 9, 2020. Available at: <https://hcrl.wustl.edu/food-needs-in-low-poverty-zips-trending-up/>
30. **Garg R**, Golla B, Javed I, Kreuter M. Phone vs. web requests to 2-1-1 during COVID. *Focus-19*. June 11, 2020. Available at: <https://hcrl.wustl.edu/phone-vs-web-requests-to-2-1-1-during-covid/>
31. **Garg R**, Golla B, Javed I, Kreuter M. One pandemic, five distinct periods (so far). *Focus-19*. June 11, 2020. Available at: <https://hcrl.wustl.edu/one-pandemic-five-distinct-periods-so-far/>
32. **Garg R**, Golla B, Javed I, Kreuter M. Big differences in COVID needs for high and low poverty neighborhoods. *Focus-19*. June 12, 2020. Available at: <https://hcrl.wustl.edu/big-differences-in-covid-needs-for-high-and-low-poverty-neighborhoods/>
33. **Garg R**, Golla B, Javed I, Kreuter M. A new normal for 2-1-1 food requests? *Focus-19*. June 15, 2020. Available at: <https://hcrl.wustl.edu/a-new-normal-for-2-1-1-food-requests/>
34. **Garg R**, Golla B, Javed I, Kreuter M. As states lift renter protections, rent gaps remain. *Focus-19*. June 16, 2020. Available at: <https://hcrl.wustl.edu/as-states-lift-renter-protections-rent-gaps-remain/>
35. **Garg R**, Golla B, Javed I, Kreuter M. 12 trends from the first 3 months of COVID-19. *Focus-19*. June 18, 2020. Available at: <https://hcrl.wustl.edu/12-trends-from-the-first-3-months-of-covid-19/>
36. Charles C, **Garg R**, Golla B, Javed I, Kreuter M. Tax time ... in July. *Focus-19*. June 22, 2020. Available at: <https://hcrl.wustl.edu/tax-time-in-july/>

37. Charles C, **Garg R**, Golla B, Javed I, Kreuter M. After 2-month decline, medical transportation needs rising. *Focus-19*. June 23, 2020. Available at: <https://hcrl.wustl.edu/after-2-month-decline-medical-transportation-needs-rising/>
38. **Garg R**, Golla B, Javed I, Kreuter M. Housing needs rise as Wisconsin eviction ban lifted. *Focus-19*. June 25, 2020. Available at: <https://hcrl.wustl.edu/housing-needs-rise-as-wisconsin-eviction-ban-lifted/>
39. Charles C, **Garg R**, Golla B, Javed I, Kreuter M. Percent of calls about COVID-19 higher in states relying on 2-1-1. *Focus-19*. June 30, 2020. Available at: <https://hcrl.wustl.edu/percent-of-calls-about-covid-19-higher-in-states-relying-on-2-1-1/>
40. **Garg R**, Golla B, Javed I, Kreuter M. Trends in COVID-19 requests to Connecticut 2-1-1. *Focus-19*. July 1, 2020. Available at: <https://hcrl.wustl.edu/trends-in-covid-19-requests-to-connecticut-2-1-1/>
41. **Garg R**, Golla B, Javed I, Kreuter M. 2-1-1 rent requests rise with Milwaukee eviction filings. *Focus-19*. July 6, 2020. Available at: <https://hcrl.wustl.edu/2-1-1-rent-requests-rise-with-milwaukee-eviction-filings/>
42. **Garg R**, Golla B, Javed I, Kreuter M. June summary: rent assistance and COVID-19 lead all 2-1-1 requests. *Focus-19*. July 7, 2020. Available at: <https://hcrl.wustl.edu/june-summary-rent-assistance-and-covid-19-lead-all-2-1-1-requests>
43. Charles C, **Garg R**, Golla B, Javed I, Kreuter M. Young and old: How 2-1-1 requests vary by age during COVID-19. *Focus-19*. July 8, 2020. Available at: <https://hcrl.wustl.edu/young-and-old-how-2-1-1-requests-vary-by-age-during-covid-19/>
44. **Garg R**, Golla B, Kreuter M. Hispanic regions driving rise in COVID calls in Washington. *Focus-19*. July 14, 2020. Available at: <https://hcrl.wustl.edu/hispanic-regions-driving-rise-in-covid-calls-in-washington/>
45. **Garg R**, Golla B, Javed I, Staten J, Wolff J, Kreuter M. Finding food in Florida: Needs vary by region. *Focus-19*. July 14, 2020. Available at: <https://hcrl.wustl.edu/finding-food-in-florida-needs-vary-by-region/>
46. Charles C, **Garg R**, Golla B, Javed I, Kreuter M. Mental health requests in Ohio vary by age and sex during COVID. *Focus-19*. July 17, 2020. Available at: <https://hcrl.wustl.edu/mental-health-requests-in-ohio-vary-by-age-and-sex-during-covid/>
47. **Garg R**, Golla B, Javed I, Kreuter M. 3.5 million. Twice. *Focus-19*. July 21, 2020. Available at: <https://hcrl.wustl.edu/3-5-million-twice/>
48. **Garg R**, Golla B, Kreuter M. 4-month trends: 2-1-1 requests during COVID-19. *Focus-19*. July 22, 2020. Available at: <https://hcrl.wustl.edu/4-month-trends-2-1-1-requests-during-covid-19/>

49. **Garg R**, Golla B, Kreuter M. Wave Two hits 2-1-1s. *Focus-19*. July 23, 2020. Available at: <https://hcrl.wustl.edu/wave-two-hits-2-1-1s/>
50. **Garg R**, Golla B, Kreuter M. Utility requests surge in NC ahead of expiring moratorium. *Focus-19*. July 28, 2020. Available at: <https://hcrl.wustl.edu/utility-requests-surge-in-nc-ahead-of-expiring-moratorium/>
51. **Garg R**, Golla B, Kreuter M. COVID deaths + funeral costs = more burial assistance needs. *Focus-19*. July 29, 2020. Available at: <https://hcrl.wustl.edu/covid-deaths-funeral-costs-more-burial-assistance-needs/>
52. Charles C, **Garg R**, Golla B, Kreuter M. 2-1-1 callers voting no on back-to-school? *Focus-19*. July 31, 2020. Available at: <https://hcrl.wustl.edu/2-1-1-callers-voting-no-on-back-to-school/>
53. Udaiyar A, **Garg R**, Golla B, Steensma J, Kreuter M. Mental health contrasts: comparing NC, SD, MI. *Focus-19*. August 4, 2020. Available at: <https://hcrl.wustl.edu/mental-health-contrasts-comparing-nc-sd-mi/>
54. Charles C, **Garg R**, Golla B, Kreuter M. Trends of top 3 food needs during COVID. *Focus-19*. August 7, 2020. Available at: <https://hcrl.wustl.edu/trends-of-top-3-food-needs-during-covid/>
55. Udaiyar A, **Garg R**, Golla B, Kreuter M. 2-1-1 requests now exceed total for all of 2019. *Focus-19*. August 10, 2020. Available at: <https://hcrl.wustl.edu/2-1-1-requests-now-exceed-total-for-all-of-2019/>
56. Charles C, **Garg R**, Golla B, Kreuter M. St. Louis: More need help with electric bills as disconnection ban ends. *Focus-19*. August 13, 2020. Available at: <https://hcrl.wustl.edu/st-louis-more-need-help-with-electric-bills-as-disconnection-ban-ends/>
57. **Garg R**, Golla B, Kreuter M. 5 months of COVID-19: What needs are trending? *Focus-19*. August 17, 2020. Available at: <https://hcrl.wustl.edu/5-months-of-covid-19-what-needs-are-trending/>
58. Charles C, **Garg R**, Golla B, Wolff J, Kreuter M. Are 2-1-1s with bigger COVID-19 roles expanding their base? *Focus-19*. August 20, 2020. Available at: <https://hcrl.wustl.edu/are-2-1-1s-with-bigger-covid-19-roles-expanding-their-base/>
59. Charles C, **Garg R**, Golla B, Kreuter M. By car, bus or train? Transportation needs rising. *Focus-19*. August 26, 2020. Available at: <https://hcrl.wustl.edu/by-car-bus-or-train-transportation-needs-rising/>

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76. Wolff J, **Garg R**, Golla B, Kreuter M. Childcare needs back to pre-COVID levels. *Focus-19*. October 9, 2020. Available at: <https://hcrl.wustl.edu/childcare-needs-back-to-pre-covid-levels/>
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78. Udaiyar A, **Garg R**, Golla B, Kreuter M. Pandemic or hurricane? *Focus-19*. October 15, 2020. Available at: <https://hcrl.wustl.edu/pandemic-or-hurricane/>
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81. Charles C, **Garg R**, Golla B, Kreuter M. Fall peak in utility needs come earlier, bigger in 2020. *Focus-19*. October 22, 2020. Available at: <https://hcrl.wustl.edu/fall-peak-in-utility-needs-comes-earlier-is-bigger-in-2020/>
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84. Charles C, **Garg R**, Golla B, Kreuter M. Holiday meal requests coming earlier in 2020. *Focus-19*. October 29, 2020. Available at: <https://hcrl.wustl.edu/holiday-meal-requests-coming-earlier-in-2020/>
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121. Charles C, **Garg R**, Golla B, Kreuter M. COVID requests greatest in CT, IA, MA. *Focus-19*. May 14, 2021, 2020. Available at: <https://hcrl.wustl.edu/covid-requests-greatest-in-ct-ia-ma/>
122. Udaiyar A, **Garg R**, Golla B, Kreuter M. One of these things is not like the others: COVID needs in St. Louis. *Focus-19*. May 18, 2021, 2020. Available at: <https://hcrl.wustl.edu/one-of-these-things-is-not-like-the-others-covid-needs-in-st-louis/>

Community social needs assessments for healthcare systems

1. Kreuter M, **Garg R**, Halsey E, Golla B, Caburnay C, Steensma JT. *Calls to Action: A customized social needs assessment for SSM Health, Cardinal Glennon Children's Hospital, St. Mary's Hospital, Saint Louis University Hospital – St. Louis, MO*. Health Communication Impact, LLC. December 2018.
2. Kreuter M, **Garg R**, Halsey E, Golla B, Caburnay C, Steensma JT. *Calls to Action: A customized social needs assessment for SSM Health St. Clare Hospital – St. Louis, MO*. Health Communication Impact, LLC. February 2019.
3. Kreuter M, **Garg R**, Halsey E, Golla B, Caburnay C, Steensma JT. *Calls to Action: A customized social needs assessment for SSM Health DePaul Hospital – St. Louis, MO*. Health Communication Impact, LLC. March 2019.
4. Kreuter M, **Garg R**, Halsey E, Golla B, Caburnay C, Steensma JT. *Calls to Action: A customized social needs assessment for SSM Health St. Joseph Hospital – St. Louis, MO*. Health Communication Impact, LLC. April 2019.
5. Kreuter M, **Garg R**, Halsey E, Golla B, Caburnay C, Steensma JT. *Calls to Action: A customized social needs assessment for SSM Health St. Mary's Hospital – Janesville, WI*. Health Communication Impact, LLC. June 2019.
6. Kreuter M, **Garg R**, Halsey E, Golla B, Caburnay C, Steensma JT. *Calls to Action: A customized social needs assessment for SSM Health St. Clare Hospital – Baraboo, WI*. Health Communication Impact, LLC. July 2019.

Data dashboards

1. **Garg R**, Golla B, Kreuter M. *PA 211's COVID-19 Response in 2020*. Health Communication Impact, LLC. February 2021. Available at: <https://www.pa211.org/covidresponse/>
2. **Garg R**, Golla B, Kreuter M. *Delaware 211's COVID-19 Response*. Health Communication Impact, LLC. May 2021.

Evaluation reports

1. **Garg R**, Teshome E, Pool AJ, Skinner K, Golla B, Kreuter MW. *Caregiver Outreach Program Evaluation – Final evaluation report*. June 2024.

PRESENTATIONS

Peer-reviewed presentations

Presenter

1. **Garg R**, Marsh A, Olagoke A, Weng O, De La Vega V, Dunn C, Kreuter MW. Public opinions on wastewater monitoring among racially and ethnically diverse adults in five states. Poster presented at the *2024 Public Health at WashU Annual Conference*, October 2025, St. Louis, MO.
2. **Garg R**, Golla B, Kreuter MW. Community 2-1-1 helplines reach populations vulnerable to COVID-19. Poster presented at *American Public Health Association Annual Meeting*, October 2021, Denver, CO.
3. **Garg R**, McQueen A, Kreuter MW. Scoping review of evidence for quitline effectiveness in low socioeconomic status populations. Poster presented at *American Public Health Association Annual Meeting*, November 2019, Philadelphia, PA.

Co-author

1. Grossman M, Acayo Laker P, **Garg R**, Watridge C, Koehl A, Marsh A, Kreuter MW. iHeard St. Louis: a case study in data-driven, health communication design decisions. Poster presented at the *2024 Public Health at WashU Annual Conference*, October 2025, St. Louis, MO.
2. Grossman M, Acayo Laker P, **Garg R**, Watridge C, Koehl A, Marsh A, Kreuter MW. iHeard St. Louis: a case study in data-driven, health communication design decisions. Poster presented at *UCDA Design Education Summit: IMMERSE*, May 2024, Mesa, AZ.

3. Grossman M, Acayo Laker P, **Garg R**, Watridge C, Koehl A, Marsh A, Kreuter MW. iHeard St. Louis: a case study in data-driven, health communication design decisions. Oral presentation at *Washington University in St. Louis Spring Undergraduate Research Symposium*. April 2024, St. Louis, MO.
4. Weng O, Marsh A, **Garg R**, Kreuter MW. Using weekly community surveys and rapid response to address local public health issues. Oral presentation at *SOPHE 2024 Annual Conference*, March 2024, St. Louis, MO.
5. Grossman M, **Garg R**, Pool A, Acayo-Laker P, Kreuter M. Exploring design characteristics that drive engagement with public health information on Instagram and TikTok. Poster presented at *Washington University in St. Louis Spring Undergraduate Research Symposium*. April 2023, St. Louis, MO.
6. Grossman M, **Garg R**, Pool A, Acayo-Laker P, Kreuter M. Exploring design characteristics that drive engagement with public health information on Instagram and TikTok. Paper presented at *Washington University in St. Louis Spring Undergraduate Research Symposium*. April 2023, St. Louis, MO.
7. Thompson T, McQueen A, **Garg R**, Caburnay C, Marsh A, Staten JL, Teshome E, Kulkarni S, Tanpattana T, Balaez L, Kreuter MW. Vaccinations for children to prevent COVID-19 and other diseases: Insights from parents/guardians of children on Medicaid. Paper presented at *Society of Behavioral Medicine Annual Meeting*, April 2022, Baltimore, MD.
8. McQueen A, Wartts J, **Garg R**, Torres AJ, Kreuter MW. Differences in the source and use of smoking cessation aids by insurance type. Poster presented) at *Society of Behavioral Medicine Annual Meeting*, April 2022, Baltimore, MD.
9. Thompson T, Ebuwa E, **Garg R**, McQueen A, Caburnay C, Kreuter MW. Psychosocial correlates of a total home smoking ban among low-income smokers. Poster presented at *American Public Health Association Annual Meeting*, October 2021, Denver, CO.
10. Wolff JM, **Garg R**, McQueen A, Kreuter, MW. Trends in e-cigarette use among very low-income smokers, 2017-2019. Paper presented at the annual meeting of the *Society for Research on Human Development*, August 2020, Jacksonville, FL.

Invited presentations

Presenter or co-presenter

1. **Garg, R**. Lessons learned from CEAL Year 3 and how they informed the iHeard STL + CHIP partnership. *CEAL Needs Assessment and Evaluation Workgroup Meeting*. November 2024, National webinar.

2. **Garg R.** Understanding and addressing social determinants of health. *2024 CIE Partner Network Summit*. March 2024, St. Louis MO.
3. Kreuter MW, **Garg R**, Johnson M, Caburnay CA, Acayo-Laker P, Skinner K, De La Vega T, Marsh A, Wolff JM. Community partnerships to address COVID disparities in St. Louis. *William H. Danforth Confluence Conference*. April 2023, St. Louis, MO.
4. Miller M, **Garg R**. Exploring social care research possibilities with 211 and 211 Counts. Presented at *Racial Health Equity in Social Care, 2022 SIREN National Research Meeting*. October 2022, National webinar.
5. Kreuter MW, **Garg R**. Social needs and health disparities: New science for improved action. Presented at *Center for Research, Health & Social Justice Distinguished Speaker Series, UAMS College of Public Health*. September 2022, National webinar.
6. Kreuter MW, **Garg R**, Golla B. Tracking the impact of COVID-19 on social needs. Presented at *Institute for Public Health: COVID and Social Determinants of Health Working Group Meeting*, October 2020, St. Louis, MO.
7. **Garg, R.** Strategic planning for birth defect prevention. Presented at the *Kentucky Department for Public Health Strategic Planning Meeting*, July 2017, Frankfort, KY.

MEDIA COVERAGE OF RESEARCH

Bloomberg News. [Lines Stretch Down the Block at Food Banks as Costs Go Up and Pandemic Aid Expires](#). By Mike Dorning. May 7, 2023.

The Appeal. [The American eviction crisis, explained](#). By Emily Benfer. March 3, 2021.

CNBC. [12 million Americans set to lose unemployment benefits by year's end](#). By Greg Iacurci. November 19, 2020.

Democrat and Chronicle. [Residential evictions begin as city braces for possible wave](#). By Brian Sharp. October 19, 2020.

Vice. [211 Helplines that offer rent and food assistance are totally overwhelmed](#). By Emma Ockerman. September 1, 2020.

St. Louis Public Radio. [Wash U-based 'Focus-19' initiative puts 211 call data to good use](#). By Evie Hemphill. August 25, 2020.

Boston Globe. [The looming eviction crisis](#). By Timothy Scalona. July 23, 2020.

Charlotte Observer. [NC ban on municipal utility shutoffs expired Wednesday night](#). By Ben Sessoms and Adam Wagner. July 30, 2020.

NBC News. [Coronavirus rent freezes are ending — and a wave of evictions will sweep America.](#)
By Emily Benfer. June 22, 2020.

Raleigh News & Observer. [Which meat processing plants in NC have coronavirus outbreaks? Here's what we know.](#) By Aaron Sanchez-Guerra and Lucille Sherman. May 15, 2020.

TEACHING AND MENTORING EXPERIENCE

Teaching assistant

- 2019-2023 **Transdisciplinary Problem Solving: Eliminating Health Disparities**
Spring semester (5 times)
Brown School, Washington University in St. Louis, St. Louis, MO
Course instructor: Matthew W. Kreuter, PhD, MPH
Guest lectures: “Social needs and health” (5 times), “Communicating health disparities for public support” (1 time), “K-12 education and schools” (1 time)
- Fall 2019 **Generalized Linear Models**
Brown School, Washington University in St. Louis, St. Louis, MO
Course instructor: Shenyang Guo, PhD
Guest lecture: “Fundamental Stata commands for analyzing GLMs”
- Fall 2019 **Biostatistics**
Brown School, Washington University in St. Louis, St. Louis, MO
Course instructor: Joseph T. Steensma, EdD, MPH
Guest lecture: “Chi-square analysis”
- Spring 2018 **Public Health Seminar II**
Brown School, Washington University in St. Louis, St. Louis, MO
Course instructor: Angela Hobson, PhD, MPH
Role: Coordinated discussion seminars led by 6 faculty
- Fall 2017 **Epidemiology**
Brown School, Washington University in St. Louis, St. Louis, MO
Course instructor: Angela Hobson, PhD, MPH
Guest lecture: “Effect modification”

Invited guest speaker

- Spring 2024 **Transdisciplinary Problem Solving: Eliminating Health Disparities**
Brown School, Washington University in St. Louis, St. Louis, MO
Guest lecture: “Social needs and health”

- Fall 2022 **Professional Development Seminar I**
Brown School, Washington University in St. Louis, St. Louis, MO
Panel presentation: “Research Session: Choosing and Completing a Productive Research Practicum”
- Spring 2022 **Professional Development Seminar II**
Brown School, Washington University in St. Louis, St. Louis, MO
Panel presentation: “Teaching practicum: Public health science perspective”
- Fall 2020 **Professional Development Seminar I**
Brown School, Washington University in St. Louis, St. Louis, MO
Panel presentation: “Teaching practicum: Public health science perspective”
- Fall 2019 **Professional Development Seminar I**
Brown School, Washington University in St. Louis, St. Louis, MO
Panel presentation: “Finding an advisor, securing research and teaching practicums”
- Spring 2017 **Planning, Implementation, & Evaluation: Evidence-Based Programs & Interventions**
Brown School, Washington University in St. Louis, St. Louis, MO
Guest lecture: “Designing causal frameworks to inform evidence-based programs”

Mentoring

Undergraduate students

- Matthew Grossman – data collection, poster presentations for HKMRS

Graduate students

- Cindy Charles – analysis and visualization of 211 data
- Anita Udaiyar – analysis and visualization of 211 data
- Raghad Salman – practicum supervisor for MPH epi/biostats specialization

Research staff

- AJ Pool – project coordinator for Caregiver Outreach Program
- Enguday Teshome - project coordinator for United for Families

SERVICE

Service to the profession

2024-Present NIH CEAL Steering Committee, National Institutes of Health, Community Engagement Alliance

- 2024-Present NIH CEAL Needs Assessment and Evaluation Workgroup, National Institutes of Health, Community Engagement Alliance
- 2024-Present NIH CEAL Publication Committee, National Institutes of Health, Community Engagement Alliance
- 2024-2025 NIH CEAL Annual Meeting Planning Committee, National Institutes of Health, Community Engagement Alliance

Service to the School

- 2018-Present Delta Omega (Gamma Sigma chapter) Selection Committee, Brown School, Washington University in St. Louis
- 2019-2022 Doctoral program recruitment, Public Health Sciences, Brown School, Washington University in St. Louis
- 2019-2020 Peer Mentor, Doctoral Program, Brown School, Washington University in St. Louis
- 2017 Treasurer, Advocacy and Learning for Public Health Action (ALPHA) graduate student group, Brown School, Washington University in St. Louis

JOURNAL REVIEWER

Addictive Behaviors Reports
 American Journal of Preventive Medicine
 AJPM Focus
 Health Education & Behavior
 International Journal of Integrated Care
 Journal of Smoking Cessation
 Journal of Transport & Health
 Nicotine & Tobacco Research
 Patient Education and Counseling
 Preventing Chronic Disease
 Preventive Medicine Reports
 Psychosocial Interventions
 Translational Behavioral Medicine

PROFESSIONAL ASSOCIATIONS

American Public Health Association (APHA)